CONTENTS

- 1 C.G. Jung's Autobiography as a Source of Information on His Psychohistory: An Evaluation

 Ake Tilander
- 11 Mental Illness as a Social Problem in the Philippines
 During the Spanish Colonial Period

 Regino P. Paular
- 20 Sources of Stress and Coping Mechanisms
 Among Filipinas in West Germany and Holland
 Elena L. Samonte
- 40 Coping Strategies of Manic Depressives

 Ruben L. Encarnacion